

In the claims:

1-10. (Cancelled)

11. (Currently Amended) A metal-to-metal antifuse disposed between two metal interconnect layers in an integrated circuit comprising:

a tungsten plug disposed in a via in an insulating layer disposed above and in electrical contact with a lower metal interconnect layer;

a first layer of a barrier metal disposed above and in electrical contact with said tungsten plug forming a first electrode, said first layer of said barrier metal comprising a material selected from a group consisting of at least one of tantalum and tantalum nitride;

an antifuse layer disposed above an upper surface of said tungsten plug, said antifuse layer comprising a lower adhesion-promoting layer, a middle layer comprising amorphous carbon, and an upper adhesion-promoting layer;

a ~~second~~ layer of a barrier metal disposed over said antifuse layer forming a second electrode, said ~~second~~ layer of said barrier metal comprising a material selected from a group consisting of at least one of tantalum and tantalum nitride; and

a second insulating layer disposed over said first insulating layer, said antifuse layer, said first layer of said barrier metal, and said second layer of said barrier metal.

12. (Original) The metal-to-metal antifuse of Claim 11, wherein said layer of amorphous carbon is doped with at least one of hydrogen, fluorine, and hydrogen and fluorine.

13. (Canceled)

14. (Original) The metal-to-metal antifuse of Claim 11, wherein said antifuse layer is about 10 nm to about 80 nm in thickness.

15. (Currently Amended) The metal-to-metal antifuse of Claim 11, wherein said ~~first layer of said barrier metal layer and said second~~ layer of said barrier metal layer ~~are~~ is about 25 nm to about 200 nm in thickness.

16. (Previously Presented) The metal-to-metal antifuse of Claim 11, wherein said lower adhesion-promoting layer comprises amorphous silicon carbide, said middle layer comprises amorphous carbon, and said upper adhesion-promoting layer comprises amorphous silicon carbide.

17. (Previously Presented) The metal-to-metal antifuse of Claim 11, wherein said lower adhesion-promoting layer comprises amorphous silicon nitride, said middle layer comprises amorphous carbon, and said upper adhesion-promoting layer comprises amorphous silicon nitride.

18. (Original) The metal-to-metal antifuse of Claim 11, further comprising an oxide layer disposed on said second layer of said barrier metal layer.

19. (Original) The metal-to-metal antifuse of Claim 11, further comprising a tungsten layer disposed on said second layer of said barrier metal layer.

20-52.(Cancelled)